

# SCHEDULE OGP 2019 - LØRDAG 13. APRIL

**NB! Kjøreplanen kan endres - sjekk regelmessig for oppdateringer.**

**DER DET ER 6 ELLER FÆRRE UTØVERE I EN KLASSE, VIL DET KUN KJØRES FINALERUNDEN**

**START KL. 09:00**

1	Womens Fitness Open class - Round 3 Final Friprogrammet
2	Mens Classic Bodybuilding -175 cm - Round 2 & 3 - Symmetry, Posedown & Freeposing - Final
3	Mens Classic Bodybuilding +175 cm - Round 2 & 3 - Symmetry, Posedown & Freeposing - Final
4	<i>Award Ceremony - Mens Classic Bodybuilding -175 cm</i>
5	<i>Award Ceremony - Mens Classic Bodybuilding +175 cm</i>
6	Womens Fitness Open class - Round 4 Final Symmetry
7	<i>Award Ceremony - Womens Fitness Open</i>
8	Mens Classic Bodybuilding Junior Open - Round 2 & 3 - Symmetry, Posedown & Freeposing - Final
9	Mens Classic Bodybuilding Master Open - Round 2 & 3 - Symmetry, Posedown & Freeposing - Final
10	<i>Award Ceremony - Mens Classic Bodybuilding Junior Open</i>
11	<i>Award Ceremony - Mens Classic Bodybuilding Master Open</i>
12	Mens Classic Bodybuilding Overall
13	<i>Award Ceremony - Mens Classic Bodybuilding Overall</i>
14	*LANDSLAG EM UTTAK - CBB
15	Womens Wellness Fitness Open class - Round 1
16	Womens Wellness Fitness Open class - Round 2 Final
17	<i>Award Ceremony - Womens Wellness Fitness</i>
18	Mens Classic Physique Open - Round 1
19	Mens Classic Physique Open - Round 2 & 3 - Symmetry, Posedown & Freeposing - Final
20	<i>Award Ceremony - Mens Classic Physique Open</i>
21	Womans BodyFitness -168 cm - Round 1

## 30 MIN PAUSE

30 MIN PAUSE	
22	Womans BodyFitness -168 cm Round 2 - Final
23	Womans BodyFitness +168 cm - Round 2 - Final
24	<i>Award Ceremony – Womens BodyFitness -168 cm</i>
25	<i>Award Ceremony – Womens BodyFitness +168 cm</i>
26	Womans BodyFitness Master Open - Round 1
27	Womans BodyFitness Junior Open - Round 2 - Final
28	Womans BodyFitness Master Open - Round 2 - Final
29	<i>Award Ceremony – Womens BodyFitness Junior Open class</i>
30	<i>Award Ceremony – Womens BodyFitness Master Open class</i>
31	Womens BodyFitness Overall
32	<i>Award Ceremony – Womens BodyFitness Overall</i>
33	*LANDSLAG EM - WOMENS BODYFITNESS
34	Mens Physique -173 cm - Round 1
35	Mens Physique -176 cm - Round 1
36	Mens Physique -179 cm - Round 1
37	Mens Physique -173 cm - Round 2 - Final
38	Mens Physique -176 cm - Round 2 - Final
39	Mens Physique -179 cm - Round 2 - Final
40	<i>Award Ceremony - Mens Physique -173 cm</i>
41	<i>Award Ceremony - Mens Physique -176 cm</i>
42	<i>Award Ceremony - Mens Physique -179 cm</i>
43	Mens Physique -182 cm - Round 1
44	Mens Physique +182 cm - Round 1
45	Mens Physique -182 cm - Round 2 - Final
46	Mens Physique +182 cm - Round 2 - Final
47	<i>Award Ceremony - Mens Physique -182 cm</i>
48	<i>Award Ceremony - Mens Physique +182 cm</i>

**1 TIME PAUSE**

49	Mens Physique Junior Open - Round 1
50	Mens Physique Master Open - Round 1
51	Mens Physique Junior Open - Round 2 - Final
52	Mens Physique Master Open - Round 2 - Final
53	<i>Award Ceremony - Mens Physique Junior Open</i>
54	<i>Award Ceremony - Mens Physique Master Open</i>
55	Mens Physique Overall
56	<i>Award Ceremony – Mens Physique Overall</i>
57	<i>*LANDSLAG EM / WILDCARD UTTAK - MENS PHYSIQUE</i>
58	Womens Physique Open - Freeposing & Symmetry - Final
59	<i>Award Ceremony - Womens Physique Open class</i>
60	Mens Bodybuilding Open - Round 2 & 3 - Symmetry, Posedown & Freeposing - Final
61	Mens Bodybuilding Master Open - Round 2 & 3 - Symmetry, Posedown & Freeposing - Final
62	<i>Award Ceremony - Mens Bodybuilding Open</i>
63	<i>Award Ceremony - Mens Bodybuilding Master Open</i>
64	Mens Bodybuilding Overall
65	<i>Award Ceremony - Mens Bodybuilding Overall</i>
66	<i>*LANDSLAG EM UTTAK - MENS BODYBUILDING</i>

**30 MIN BREAK**

67	Womens Bikini Fitness -158 cm - Round 1
68	Womens Bikini Fitness -164 cm - Round 1
69	Womens Bikini Fitness -169 cm - Round 1
70	Womens Bikini Fitness +169 cm - Round 1
71	Womens Bikini Fitness -158 cm - Round 2 - Final
72	Womens Bikini Fitness -164 cm - Round 2 - Final
73	Womens Bikini Fitness -169 cm - Round 2 - Final
74	Womens Bikini Fitness +169 cm - Round 2 - Final
75	<i>Award ceremony - Bikini Fitness -158 cm</i>
76	<i>Award ceremony - Bikini Fitness -164 cm</i>
77	<i>Award ceremony - Bikini Fitness -169 cm</i>
78	<i>Award ceremony - Bikini Fitness +169 cm</i>
79	Womens Bikini Fitness Junior Open - Round 1
80	Womens Bikini Fitness Junior Open - Round 2 Final
81	Womens Bikini Fitness Master Open - Round 2 - Final
82	<i>Award ceremony - Bikini Fitness Junior Open</i>
83	<i>Award ceremony - Bikini Fitness Master Open</i>
84	Women's Bikini Fitness Overall
85	<i>Award ceremony - Bikini Fitness Overall</i>
86	<i>*LANDSLAG EM / WILDCARD UTTAK - BIKINI FITNESS</i>

**END OF COMPETITION**